

**CURRICULUM VITAE**

MarcAndré Bock, D.C., Ph.D.  
8201 Newman Avenue, Suite 102  
Huntington Beach, California 92647-7043  
714 / 847-5350  
[www.marcbock.com](http://www.marcbock.com)

Education

St. John's College, Camarillo, CA 1964-1968  
B.A. Scholastic Philosophy, 1968

St. John's Seminary, Camarillo, CA 1968-1970  
Theology

California State University at Long Beach, CA 1971-1972  
Pre-med

Southern California University of Health Sciences, College of Chiropractic and College of Acupuncture, Whittier, CA 1973-1976  
(Name changed in 2000, from Los Angeles College of Chiropractic)  
B.S. Human Biology, 1975  
Doctor of Chiropractic, 1976  
Post Graduate Studies Diversified Technique, 1976  
Student Academic Council Chairman

Alliant International University, San Diego, CA 1983-1988  
(Previously called United States International University, now merged with Alliant University)  
M.A. Clinical Psychology, 1985  
Ph.D. Psychology, 1988  
Dissertation Title: The Attraction of Scent: The Awareness of Human Olfactory Stimulation and its Relationship to Interpersonal Interactions.

University of Phoenix, Costa Mesa, CA  
Faculty Certification Program, 1995; Master Teacher Program, 1999; Faculty Recertification Program, 1999; Critical Thinking Certification Program, 2000; Advanced Facilitator Certification Program, 2011; BSLS Faculty Training, 2011.  
Approved to teach courses in the nursing bachelors and masters program, in the science program and in the psychology program.

Martial Arts: 1965-present; current ran – 4<sup>th</sup> Degree Black Belt (Yodan), 2010;  
Judo, Karate, Kung-Fu, Aikido, Jujitsu, Weapons

OCCUPATIONAL ACTIVITIES**Chiropractor**

California State License Number DC 11553

Department of Health Services Radiography X-ray Supervisor and Operator  
Certified Industrial Disability Examiner  
Qualified Medical Examiner

Associate Doctor with Dr. A. L. Logan, world-renowned expert, author and speaker  
Westminster, CA 1977-1981

Private Practice, Huntington Beach, CA 1981-Present

Specializing in preventive, integrated and wellness health care; injury resolution, sports performance enhancement, exercise guidance and the treatment of personal, work and sports injuries with special emphasis on difficult conditions.

**Psychologist**

California State License Number PSY 13409

Qualified Medical Examiner

Center for Creative Alternatives, Huntington Beach, CA 1989-1999 (center closed)

Psychotherapy and testing with individuals, couples, families, children and groups utilizing cognitive behavioral and psycho dynamic techniques for brief and long term therapies; developed domestic violence groups for court referred males (1989-1991).

Lead domestic violence groups for court referred males who learn anger management, conflict resolution, communication and relationship skills (1989-1999).

Private Practice, Huntington Beach, CA 1993-Present

Focus on integrated and wellness care, personal growth and development, sports performance enhancement, anger and relationship issues with individuals, couples and groups. In service training in anger management, stress reduction and communication skills. Provide psychological/medical evaluations for treatment for obesity for lap-band and gastric by-pass procedures, and psychological/medical evaluations for treatment of severe pain with spinal stimulator implantation.

## Dr. Bock Curriculum Vitae

**Associate Professor**, Clinical Psychology and Clinical Chiropractic; **Consultant**, Southern California University Health Center, Southern California University of Health Sciences, College of Chiropractic and College of Acupuncture, Whittier, CA 1995-Present. Classes include Clinical Psychology.

**Special Consultant to the President**, Southern California University of Health Sciences, Whittier, CA, 2009-Present.

**Associate Faculty and Master Teacher** in the Nursing, Master of Arts Degree and Bachelor of Arts Degree Programs, 1996-2017; **Assistant Department Chair** for Human Services, 2000; **Area Chair Representative** for Human Services, 2001-2003; **Human Services Field Experience Site Coordinator**, 2000-2003, University of Phoenix, Costa Mesa, CA. Classes included: Nursing, Ethics, Health, Nutrition, Wellness and Psychology.

### Consulting Services Include

- Team Building
- Stress Management
- Performance Enhancement
- Communication Skills and Techniques
- Conflict Management

### AWARDS

Dean's List, Los Angeles College of Chiropractic, Glendale, CA, 1976

Intern of the Year, Center for Creative Alternatives, Huntington Beach, CA, 1990

Orange PSI Award for Distinguished Service to the Profession of Psychology,  
Orange County Psychological Association, CA 2002

2008 Instructor Award, Southern California University of Health Sciences, Whittier, CA

2010, 2011 Certificates of Recognition for Exceptional Instruction, Southern California University of Health Sciences, Whittier, CA

2015 Huntington Village Estates Recognition of Devotion and Tireless Efforts for the Betterment of the Community, Huntington Beach, CA

PUBLIC SERVICE

California Psychological Association Accrediting Agency,  
Mandatory Continuing Education for Psychologists (MCEP), CA  
Committee Member, 2001-2010  
Chairperson, 2007, 2008, 2009, 2010

Orange County Psychological Association, CA  
Secretary of the Board of Directors, 1995-1998  
Member of the Board of Directors, 1998  
President-Elect, 1999  
President, 2000  
Past-President, 2001

Center for Creative Alternatives, Huntington Beach, CA, 1989-1999  
Leader of Court Referred Domestic Violence Diversion for Male Perpetrators

Huntington Village Estates, Huntington Beach, CA  
President of the Board of Directors, 1992-1996  
President of the Board of Directors, 1998-2003  
Vice-President of the Board of Directors, 2003-2004  
President of the Board of Directors, 2008  
Secretary of the Board of Directors, 2009  
Vice-President of the Board of Directors, 2010  
President of the Board of Directors, 2011-2016  
Vice-President/Treasurer of the Board of Directors, 2017  
President of the Board of Directors, 2018

Psychiatric Clinic for Youth, Long Beach, CA, 1989-1991  
Secretary and Board Member

Medical Imaging Center of Huntington Beach, CA, 1987-1989  
Chiropractic Advisory Board

AFFILIATIONS

American Chiropractic Association  
American Psychological Association  
American Chiropractic Association Council on Behavioral Health

California Chiropractic Association, Life Member  
California Psychological Association, Life Member  
California Psychological Association, Division of Professional Practice and Advocacy

Orange County Chiropractic Association  
Orange County Psychological Association

Delta Tau Alpha International Fraternity of the Healing Arts  
Psi Chi National Honor Society in Psychology  
Coalition Against Domestic Violence of Orange County (CADVOC)

## MENSA

Washi Dojo of America  
Shoshin Ryu Yudanshakai

## MEDIA INTERVIEWS

Featured in the documentary, “Pain in America: The Silver Tsunami” 2013, by Don Barrett, award winning documentary film maker, sharing the unique views of a Chiropractor/Psychologist

Interview with Donald Morrison (Medical Reporter) of KFI-AM Los Angeles radio; the topic is “Ethical concerns regarding celebrity look-alike donors offered by Los Angeles sperm bank.” August 18, 2010

Interview with Maggie McKay of KFWB Los Angeles radio; the topic is “How to think economically and restore equality on Valentine’s Day.” February 12, 2010

Interview with Nicolette Orlemans of Boston’s WERS 88.9 FM AP-award winning Public Affairs News Show “You Are Here” on the topic of: Plastic Surgery: From all perspectives. February 4, 2010

Interview with Tobi Knight, producer and Public Affairs Host on Clear Channel Radio (KOST, KIIS, KBIG, KLAC, KXTA) on September 8, 2004. The topic of discussion: “Dieting and Its Effect on Mood.”

Interview with Marisa O’Neil, reporter for Costa Mesa Daily Pilot, December 2003. This discussion is on experiences with, and observations of, the University of Phoenix and the students’ unique classroom experiences.

Interview with Jose Fuentes, reporter for La Opinion newspaper, March 2003, on the kidnapping victim’s and family’s responses to the trauma and associated issues of safety with children and ourselves.

Guest expert of [www.WebMD.com](http://www.WebMD.com), on September 14, 2001, Ask the Experts: Coping with National Tragedy of 9/11: A Path to Healing.

Guest expert of Leslie Marshall at AM570 Talk Radio, September 13, 2001. This discussion is concerning dealing with anger and terror from the terrorist attack on September 11, 2001.

Interview with Teri Sforza, reporter for The Orange County Register, on young female violence; article “Serious Crime by Girls on Rise” published July 23, 2000, second front page.

Interview with Neal Justin, reporter for the Star Tribune in Minneapolis, on television violence: 2000.

## PUBLICATIONS

The California Psychologist magazine, July/August 2007; “Stretch and Shrink,” p.24. This is an article discussing the importance of fostering integration in others by doing the same for ourselves, and by paying attention to the needs of our bodies, minds and spirits.

OC Family magazine, June 2001 issue, quoted in an article entitled “Gathering Storm” by Joanna Miller pages 26-29.

Independent newspaper for Huntington Beach, Fountain Valley, Sunset Beach, March 25-31, 1999 issue, quoted in an article entitled “Maybe You Can’t Fight City Hall, But You Don’t Have To Like It” by Eron Ben-Yehuda, page 4.

Men’s Health magazine, October 1998 issue, quoted in an article entitled “Stop the Madness” sub-article “Methods for Your Madness; 7 ways to chill out” by Ted Spiker page 123.

Orange County Psychological Association, CA, 1995, 1997

Published Article: “Physical Anger: The Effects of Anger on the Mind and the Body”

Web page: [www.marcbock.com](http://www.marcbock.com)

PRESENTATIONSPsychology

Southern California University of Health Sciences, Whittier, CA 2017

Presentation topic: Cost Effective Techniques for Dealing with Conflicts in the Classroom

Presented to: Faculty

Southern California University of Health Sciences, Whittier, CA 2017

Presentation topic: Professionalism

Presented to: First Term Students

CNI College, Orange, CA 2016

Presentation topic: Professionalism in Nursing

Presented to: Associate of Science Degree in Nursing, Pinning Ceremony

Southern California University of Health Sciences, Whittier, CA 2015

Presentation topic: Professionalism

Presented to: First Term Students

Irvine Valley College, Irvine, CA 2013-2015

Presentation topic: Anger Management

Presented to: Assertiveness Class of Adults

Orange County Psychological Association and California Psychological Association, Argosy University, Orange, CA, 2015

Presentation topic: Violent Anger: Theory and Solutions

Presented to: Licensed Psychologists; three hours continuing education credit

California Judges Association Annual Meeting at Hyatt Newporter, Newport Beach, CA 2002

Presentation topic: Financial Savvy for the Judge's Family; panel presentation  
Communication and Relationship Enhancing Techniques

Presented to: Judges and Spouses

Soroptimist International of Downey, Downey, CA, 2001

Presentation topic: Posttraumatic Stress Disorder

Presented to: Professionals in the community

Substance Abuse Foundation of Long Beach, CA, 2001

Presentation topic: Domestic Violence and Anger Management

Presented to: Licensed MFT and Graduate Students



## Dr. Bock Curriculum Vitae

Human Relations School Wide Symposium, Lexington Junior High, Cypress, CA, 1999

Presentation topic: Anger Management  
Presented to: Seventh grade students

Cal-State Fullerton, Fullerton, CA, 1998

Presentation topic: Becoming a Therapist  
Presented to: Graduate students in M.S. in counseling

Saint Anne's Church, Seal Beach, CA, 1998

Presentation topic: Parenting  
Presented to: Parents of grammar school children

Orange County Psychological Association and California Psychological Association, Laguna Hills, CA, 1998

Presentation topic: Domestic Violence: The Real Truth  
Presented to: Licensed Psychologists and Domestic Violence Diversion Group Leaders; six hours continuing education credit.

Horizon School, Mesa Site, Costa Mesa, CA, 1998

Presentation topic: Anger Management in Daily Life  
Presented to: Teenagers and Therapy Staff

Harry Fulton Middle School, Huntington Beach, CA, 1997

Presentation topic: Conflict Resolution in Families and Anger Management Tools for Parents  
Presented to: Teachers and parents

Kazuo Masuda Middle School, Huntington Beach, CA, 1997

Presentation topic: Conflict Resolution in Families and Anger Management Tools for Parents  
Presented to: Teachers and parents

Grace Lutheran Church, Huntington Beach, CA, 1997

Presentation topic: Self Esteem and Relationships; A Panel Discussion  
Presented to: Members of the Church Community

Sierra Vista Middle School, Irvine, CA, 1997

Presentation topic: Anger Management  
Presented to: 7th and 8th Grade Students

Harry Fulton Middle School, Huntington Beach, CA, 1997

Presentation topic: Conflict Management Tools  
Presented to: Teachers

Grace Lutheran Church, Huntington Beach, CA, 1997

Presentation topic: Anger and Self Esteem  
Presented to: Steven Ministers

St. Simon and Jude Church, Huntington Beach, CA, 1997

Presentation topic: Anger in Relationships  
Presented to: Members of the Church Community

Isojiro Oka School, Huntington Beach, CA 1997

Presentation topic: Conflict Resolution in Families and Anger Management Tools for Parents

Presented to: Teachers and parents

Center for Creative Alternatives, Costa Mesa, CA, 1997

Presentation topic: Anger Management in the Classroom  
Presented to: College Students Working as Grammar School Counselors

Marco Forster Middle School, San Juan Capistrano, CA 1997

Presentation topic: Conflict Resolution in Families and Anger Management Tools for Parents

Presented to: Teachers and parents

Talbert Middle School, Fountain Valley, CA 1996

Presentation topic: Conflict Resolution in Families and Anger Management Tools for Parents

Presented to: Administrators, teachers, parents of Talbert, Moiola and Oka schools

Grace Lutheran Church, Huntington Beach, CA, 1996

Presentation topic: Conflict Resolution and Anger Management Skills for Parents  
Presented to: Members of the Church Community

Perry Elementary School, Huntington Beach, CA, 1996

Teaching topic: Conflict Management, Anger Management  
Presented to: Third, Fourth, Fifth grade Conflict Management trainees; teachers, teacher aids

Grace Lutheran Church, Huntington Beach, CA, 1996

Presentation topic: Domestic Violence  
Presented to: Steven Ministers and Members of the Church Community

California State University, Long Beach, CA, 1996

Presentation topic: Domestic Violence: Treating the Perpetrators  
Presented to: MFCC and MSW Graduate Students

Marywood, Diocese of Orange, Orange, CA, 1996

Facilitation topic: Physical Spirituality  
Group: Priests, Deacons and Spouses

Memorial Women's Hospital League, Long Beach, CA, 1996

Presentation topic: Coping With Stress  
Presented to: Members of the Hospital League

Center for Creative Alternatives, Costa Mesa, CA, 1996

Presentation topic: Anger Management in the Classroom  
Presented to: College Students Working as Grammar School Counselors

St. Simon and Jude Church, Huntington Beach, CA, 1996

Presentation topic: Anger in Relationships  
Presented to: Members of the Church Community

St. Simon and Jude Church, Huntington Beach, CA, 1995

Presentation topic: Domestic Violence and Abusive Relationships  
Presented to: Members of the Church Community

Center for Creative Alternatives, Huntington Beach, CA, 1995

Presentation topic: Conflict Resolution in the Classroom  
Presented to: College Students Working as Grammar School Counselors

St. Simon and Jude Church, Huntington Beach, CA, 1994

Presentation topic: Anger Management, Abuse Prevention and Effective  
Communication  
Presented to: Adults Working as Christian Care Givers (Steven  
Ministers)

Center for Creative Alternatives, Huntington Beach, CA, 1993

Presentation topic: The Philosophy and Methods of Leading Court Referred Domestic  
Violence Groups for Men  
Presented to: Psychology and MFCC Interns

Grace Lutheran Church, Huntington Beach, CA, 1993

Presentation topic: Abusive Relationships  
Presented to: Congregation Members as Part of a Fourteen-Week  
Presentation of Various Social Issues

Sea Cliff Tennis and Country Club, Huntington Beach, CA, 1992

Teaching Topic: The Connection of Physical Movement and Feelings to Enhance  
Performance  
Presented to: Professional and Amateur Tennis Players

## Dr. Bock Curriculum Vitae

National Association of Alcohol and Drug Abuse, Laguna Hills, CA, 1991

Presentation topic: Alcohol Abuse and Its Relationship to Domestic Violence: A Teaching/Treatment Approach

Presented to: Orange County Alcohol, Drug Abuse and Domestic Violence Probation Directors

Chiropractic

Los Angeles College of Chiropractic, Whittier, CA, 1995

Presentation topic: Interdisciplinary Practice: Integration of Chiropractic and Psychology

Presented to: Chiropractic Students

In association with a Linda McHugh, international STEP and aerobic instructor, Irvine, CA, 1993

We developed the "Safe STEP" program for STEP instructors, presenting the biomechanics of utilizing correct form and alignment in preventing STEP injuries while maximizing metabolic rates.

Long Beach Music Teachers' Association, Long Beach, CA, 1992

Presentation topic: Prevention of Repetitive Motion Injuries Occurring During Music Practice and Performance

Presented to: Professional Music Teachers

Golden West College, Huntington Beach, CA, 1986

Presentation topic: Nutrition and its Relationship to Hair and Overall Health

Presented to: Cosmetology Students

CONSULTING WITH ON SITE TRAININGSPsychology

Hillside Memorial Park and Mortuary, Los Angeles, CA, August 2018

Training topic: Compassion during Conflict  
 Participants: Staff

Irvine Valley College, Irvine CA, November 2013, and April 2014

Presentation topic: Anger Management  
 Presented to: Assertive Training Students

Hillside Memorial Park and Mortuary, Los Angeles, CA, February 2013

Training topic: Dealing with Angry Individuals and Groups Part IX  
 Participants: Managers and Staff

Southern California University of Health Sciences, Whittier, CA 2012

Training topic: Team Building and Communication Enhancement  
 Participants: Executive Team

Southern California University of Health Sciences, Whittier, CA 2011-2012

Training topic: Team Building and Communication Enhancement  
 Participants: Student Liaison Department

Art Institute of Orange County, Santa Ana, CA 2012

Training topic: Managing Stress while Enhancing the Learning Environment  
 Participants: Faculty

Hillside Memorial Park and Mortuary, Los Angeles, CA, June 2011

Training topic: Dealing with Angry Individuals and Groups Part VIII  
 Participants: Managers and Staff

St. Francis Career College, San Jose, CA, March, 2010

Training topics: Creating a Learning Environment  
 Advanced Communication Techniques  
 Conflict Resolution in the Classroom  
 Participants: Faculty and Staff

Hillside Memorial Park and Mortuary, Los Angeles, CA, February 2010

Training topic: Dealing with Angry Individuals and Groups Part VII  
 Participants: Managers and Staff

## Dr. Bock Curriculum Vitae

Hillside Memorial Park and Mortuary, Los Angeles, CA, August 2009

Training topic: Dealing with Angry Individuals and Groups Part VI  
Participants: Managers and Staff

Hillside Memorial Park and Mortuary, Los Angeles, CA, March 2009

Training topic: Dealing with Angry Individuals and Groups Part V  
Participants: Managers and Staff

Hillside Memorial Park and Mortuary, Los Angeles, CA, December 2008

Training topic: Dealing with Angry Individuals and Groups Part IV  
Participants: Managers and Staff

Hillside Memorial Park and Mortuary, Los Angeles, CA, June 2008

Training topic: Dealing with Angry Individuals and Groups Part III  
Participants: Managers and Staff

Hillside Memorial Park and Mortuary, Los Angeles, CA, January 2008

Training topic: Dealing with Angry Individuals and Groups Part II  
Participants: Managers and Staff

Hillside Memorial Park and Mortuary, Los Angeles, CA, August 2007

Training topic: Dealing with Angry Individuals and Groups Part I  
Participants: Managers and Staff

“K” Line America, Inc., Huntington Beach, CA, 2006

Training topic: Stress Management in the Work Place  
Participants: Managers and Staff

California State University, Long Beach, CA, 2005

Training topic: Domestic Violence: Treating the Perpetrators  
Participants: MFT and MSW Graduate Students

California State University, Long Beach, CA, 2003

Training topic: Domestic Violence: Treating the Perpetrators  
Participants: MFT and MSW Graduate Students

Southern California University of Health Sciences, Whittier, CA 2002

Training topic: Me and Mine: Focus on Self, Health and Well Being  
Participants: University Staff

Orange County Psychological Association at Bowers Museum, Santa Ana, CA 2002

Training topic: Violent Anger: Theory & Solutions  
Participants: Psychologists, therapists, interns for six hours continuing education credit

California State University, Long Beach, CA, 2002

Training topic: Domestic Violence: Treating the Perpetrators  
Participants: MFT and MSW Graduate Students

California State University, Long Beach, CA, 2001

Training topic: Domestic Violence: Treating the Perpetrators  
Participants: MFT and MSW Graduate Students

California State University, Long Beach, CA, 2000

Training topic: Domestic Violence: Treating the Perpetrators  
Participants: MFT and MSW Graduate Students

Otter Creek Institute: Casper, WY; Salt Lake City, UT; Denver, CO, 2000

Training topic: The Art of Anger Management: Cutting Edge, Practical  
Hands-On Training  
Participants: School psychologists, counselors and teachers - for  
personal development credit

Lifelong Education Center, Los Angeles, CA, 2000

Training topic: How To Survive Your Clients' Anger  
Participants: Licensed MFT and LCSW for 6 relicensing hours

Los Angeles College of Chiropractic, La Habra, CA, 1999

Training topic: Adjusting To Change  
Participants: LACC Staff

The University of Phoenix, Mission Viejo, CA, 1999

Training topic: Anger Management, Relaxation & Exercise Skills  
Participants: K-14 Educators

California State University, Long Beach, CA, 1999

Training topic: Domestic Violence: Treating the Perpetrators  
Participants: MFT and MSW Graduate Students

Living Opportunities Management Company, Long Beach, CA, 1999

Training topic: Dealing with an Angry Person  
Participants: Managers of senior housing

Peer Assistance Leadership Program, Orange County Schools, San Juan Capistrano, CA, 1999

Training topic: Assessing and Managing Anger  
Participants: Teachers trained to be conflict managers

## Dr. Bock Curriculum Vitae

“Today’s Peacemakers, Tomorrow’s Leaders” Student Mediation Conference, UCI, 1999

Training topic: So You Think You’re Cranky

Participants: Student Mediators

Lifelong Education Center, Los Angeles, CA, March 1999

Training topic: How To Survive Your Clients’ Anger

Participants: Licensed MFT and LCSW for 6 relicensing hours

Lifelong Education Center, Los Angeles, CA, July 1999

Training topic: How To Survive Your Clients’ Anger

Participants: Licensed MFT and LCSW for 6 relicensing hours

Southern California Presbyterian Homes, Glendale, CA, 1998

Training topic: Dealing with an Angry Person

Participants: Managers of senior housing

California State University, Long Beach, CA, 1998

Training topic: Surviving the Angry Client

Participants: MFCC Graduate Students

Southern California Presbyterian Homes, Glendale, CA, 1998

Training topic: Dealing with an Angry Person

Participants: Managers of senior housing

Orange County Coalition for Conflict Management and Education, Santa Ana, CA, 1998

Training topic: Anger Management

Participants: Licensed Psychologists, MFT, LCSW and Conflict Managers

Lifelong Education Center, Los Angeles, CA, August 1998

Training topic: How To Survive Your Clients’ Anger

Participants: Licensed MFCC, LCSW, MFT for 6 relicensing hours

Lifelong Education Center, Los Angeles, CA, October 1998

Training topic: How To Survive Your Clients’ Anger

Participants: Licensed MFCC, LCSW, MFT for 6 relicensing hours

Los Angeles College of Chiropractic, Whittier, CA 1998

Training topic: Stress Management

Participants: LACC Staff

California State University, Long Beach, CA, 1998

Training topic: Domestic Violence: Treating the Perpetrators

Participants: MFCC and MSW Graduate Students



California State University, Long Beach, CA, 1997

Training topic: Surviving the Angry Client

Participants: MFCC Graduate Students

Center for Creative Alternatives, Costa Mesa, CA, 1997

Training topic: Anger Management in the Classroom

Participants: College Students Working as Grammar School Counselors

Los Angeles College of Chiropractic, Balboa Bay Club, Newport Beach, CA, 1997

Training topic: Managing Interpersonal Conflicts

Participants: Faculty

California State University, Long Beach, CA, 1997

Training topic: Domestic Violence: Treating the Perpetrators

Participants: MFCC and MSW Graduate Students

### Martial Arts

Shoshin Ryu Jujitsu, Irvine, CA, 2001

Training topic: Medical Ramifications of Jujitsu Techniques

Participants: Senior Instructors of Black Belt Rank

West Grove Park Recreation Center, CA, 1996

Training topic: Self Defense and Rape Prevention for Women: A Physical and Psychological Approach

Participants: Local Adult Females

The Learning Tree University, Irvine, CA, 1995

Training topic: Self Defense and Rape Prevention for Women: A Physical and Psychological Approach

Participants: Local Adult Females

Shoshin Ryu Jujitsu, Downey YMCA, CA, 1994

Training topic: Safe and Effective Techniques of Joint, Strangle and Choke Holds

Participants: Senior Instructors of Black Belt Rank

Martial Arts Instructor (4<sup>th</sup> Degree Black Belt)

Teaching topics: Judo, Karate, Kung-Fu, Aikido, Jujitsu, Weapons

Participants: St. John's College, St. John's Seminary, 1965-1970; Los Angeles College of Chiropractic, 1973-1976; St. Ireaneus High School, 1990-1991.